

2017 Schedule



Date	Description	Instructor	Location	Price
25 Jan 17 to 29 Jan 17	CHEK Exercise Coach	Leigh Brandon	Lancashire, UK	Regular: £1,945 Early Bird: £1,795
24 Mar 17 to 26 Mar 17	Holistic Lifestyle Coach Level 1	Warren Williams	Lancashire, UK	Regular: £800 Early Bird: £750
13 Apr 17 to 17 Apr 17	CHEK Exercise Coach	Leigh Brandon	London, UK	Regular: £1,945 Early Bird: £1,795
21 Apr 17 to 23 Apr 17	Tennis Conditioning Series	Leigh Brandon	Lancashire, UK	Regular: £800 Early Bird: £750
29 Apr 17 to 30 Apr 17	Sports Conditioning Live Workshop	Warren Williams	London	Regular: £349 Early Bird: £249
16 Jun 17 to 18 Jun 17	Golf Performance Specialist	Phil Loizides	Lancashire, UK	Regular: £800 Early Bird: £750
9 Aug 17 to 13 Aug 17	C.H.E.K Practitioner Level 2	Matt Wallden	Surrey, UK	Regular: £1,975 Early Bird: £1,825
16 Aug 17 to 20 Aug 17	CHEK Exercise Coach	Phil Loizides	Lancashire, UK	Regular: £1,945 Early Bird: £1,795
16 Aug 17 to 20 Aug 17	CHEK Exercise Coach	Leigh Brandon	London, UK	Regular: £1,945 Early Bird: £1,795
23 Aug 17 to 27 Aug 17	C.H.E.K Practitioner Level 1	Leigh Brandon	Lancashire, UK	Regular: £1,945 Early Bird: £1,795
23 Aug 17 to 27 Aug 17	C.H.E.K Practitioner Level 1	Matt Wallden	Surrey, UK	Regular: £1,945 Early Bird: £1,795

CHEK Holistic Lifestyle Coach Programme	CHEK Exercise Coach	C.H.E.K Practitioner Programme
Sports Conditioning	CHEK Europe Academy Workshop	CHEK Holistic Coaching

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Date	Description	Instructor	Location	Price
9 Sep 17 to 10 Sep 17	C.H.E.K Practitioner Level 2 Review Workshop	Matt Wallden	Surrey, UK	Regular: £299 Early Bird: £199
23 Sep 17 to 24 Sep 17	C.H.E.K Practitioner Level 1 Review Workshop	Leigh Brandon	Lancashire, UK	Regular: £299 Early Bird: £199
30 Sep 17 to 1 Oct 17	CHEK Exercise Coach Review Workshop	Phil Loizides	Lancashire, UK	Regular: £299 Early Bird: £199
6 Oct 17 to 8 Oct 17	Holistic Lifestyle Coach Level 1	Warren Williams	Lancashire, UK	Regular: £800 Early Bird: £750
18 Oct 17 to 22 Oct 17	CHEK Exercise Coach	Matt Wallden	Surrey, UK	Regular: £1,945 Early Bird: £1,795
15 Nov 17 to 19 Nov 17	Holistic Lifestyle Coach Level 2	TBC	Lancashire, UK	Regular: £1,975 Early Bird: £1,825

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