

## Course Locations – United States and Canada:

### **C.H.E.K Institute**

3145 Tiger Run Court, Suite 101  
Carlsbad, CA 92020  
1-760-477-2620  
[www.chekinstitute.com](http://www.chekinstitute.com)

### **JD Fitness**

580 Main Street  
Chatham, NJ 07928  
1-973-379-7199  
[www.jdfitness.net](http://www.jdfitness.net)

### **Raven Wellness**

222 Lesmill Road  
Toronto, ON M3B 2T5  
1-647-348-8453  
[www.ravenwellness.com](http://www.ravenwellness.com)

### **Sunrise Health & Fitness**

732A Chenery Street  
San Francisco, CA 94131  
1-415-859-7098  
[www.sunrisehealthandfitness.com](http://www.sunrisehealthandfitness.com)

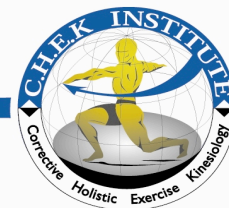
## Course Locations – Australia:

### **Awaba Retreat**

40 Fern Tree Lane  
Palmdale, Central Coast, NSW  
1 300 361 881  
[www.awabaspiritualyogaretreat.com.au](http://www.awabaspiritualyogaretreat.com.au)

### **CHEK Institute Australia**

20/130 Pacific Hwy  
Greenwich, NSW 2064  
1 300 599 053  
[www.chekinstitute.com/australia/](http://www.chekinstitute.com/australia/)



## **International Distributors:**

### **ELEIKO Sport AB in Sweden**

**Phone:** +45 (0) 3517 7070

**Fax:** +45 (0) 3517 7079

**E-Mail:** [info@eleikosport.se](mailto:info@eleikosport.se)

[www.eleikosport.se](http://www.eleikosport.se)

### **O2Aps in Denmark**

**Phone:** +45 (0) 28 14 5131

**E-mail:** [alun@alun.dk](mailto:alun@alun.dk)

[www.alun.dk](http://www.alun.dk)

### **CHEK Europe in the UK**

**Phone** +44 (0) 1924 566019

**Fax:** +44 (0) 01924 667192

**E-mail:** [chekeurope@chekinstitute.com](mailto:chekeurope@chekinstitute.com)

[www.CHEKEurope.com](http://www.CHEKEurope.com)

## **Convention Contact Details:**

### **Can-Fit-Pro**

1-800-667-5622

[www.canfitpro.com](http://www.canfitpro.com)

### **ECA World Fitness**

1-800-322-3976

[www.ecaworldfitness.com](http://www.ecaworldfitness.com)

### **Fitness Resources**

1-303-400-4900

[www.fitnessresourcesseminars.com](http://www.fitnessresourcesseminars.com)

### **IDEA Health and Fitness Association**

1-800-999-4332 Ext. 7

[www.ideafit.com](http://www.ideafit.com)

### **SCW Fitness Education**

1-847-562-4020

[www.scwfitness.com](http://www.scwfitness.com)